

## ALL DAY MENU - 11AM TO CLOSE

### NIBBLES & DIPS

**MARINATED OLIVES** 3.9 ✓

**TOASTED GARLIC PITA BREAD** 3.9 🌱

**TZATZIKI** 4.9 🌱

**SAKSUKA** 4.9 ✓

**HARISSA HUMMUS** 5.9 ✓

### STARTERS

**TRIO OF DIPS** 6.9 🌱

Harissa hummus, saksuka, tzatziki, toasted flatbread

**BEEF SUJUK** 7.9

Spicy beef sausage with garlic, red pepper flakes, tomatoes, mushrooms & peppers

**WHITEBAIT** 7.9

Fried in seasoned flour, tabbouleh & tartare sauce

**CRISPY CALAMARI** 9.9

Calamari with red chilli & lime aioli

**GARLIC PRAWNS** 11.9

Sauteed prawns, mild spices, garlic butter, toasted flatbread

**PRAWN & AVOCADO** 9.9

Baby prawns, crushed avocado, Marie Rose sauce

**BUFFALO MOZZARELLA & TOMATO SALAD** 8.9 🌱

Wild rocket, avocado & basil oil

**WILD MUSHROOM PATE** 7.9 ✓

With toasted flatbread

**SPINACH & FETA FILO PARCELS** 7.9 🌱

Deep fried parcels with harissa hummus

**BUTTERMILK FRIED CHICKEN** 8.9

Marinated & floured fried chicken tenders, burnt lime, garlic sauce

**STEAMED MUSSELS** 11.9

Steamed mussels, creamy white wine, garlic and herb sauce, toasted pita bread

**GRILLED HALLOUMI** 7.9 🌱

Grilled peppers, courgettes, spicy tomato sauce

### SHARING PLATES

Ideal for two

**HOT & COLD SHARING MEZZE** 19

Harissa hummus, halloumi, beef sujuk, crispy calamari, tzatziki, flatbread

**MEDITERRANEAN** 19

Sujuk, falafel, halloumi, harissa hummus, tzatziki, flatbread

**HALLOUMI & HUMMUS PLATE** 17 🌱

Halloumi, smashed avocado, harissa hummus, tzatziki, flatbread

**VEGAN MEZZE** 17 ✓

Harissa hummus, falafel, smashed avocado, tabbouleh, flatbread

### MEAT

**SPICY CHICKEN STEAK** 14.9

Marinated in our hot chilli sauce, avocado salad, with either fries, tabbouleh or rice

**ZESTY CHICKEN STEAK** 14.9

Lemon/lime marinated chicken steak, avocado salad, with either fries, tabbouleh or rice

**MARINATED GRILLED LAMB CUTLETS** 24.9

4 cutlets marinated in Mediterranean spice blend with tzatziki & fries, peppercorn sauce

**MARINATED LAMB STEAK (8oz)** 18.9

Marinated in Jams' secret ingredients, fries

**STEAK DUO** 24.9

Combination of lamb steak and chicken steak, peppercorn sauce, fries

**MCKENNA FARM SIRLOIN STEAK (10oz)** 26.9

Our 28-day aged British beef, special seasoning, choice of peppercorn sauce or garlic butter, fries

### MEZZE

With harissa hummus, pickled red cabbage, chopped salad, slaw, tabbouleh, warm flatbread, homemade garlic sauce

**CHICKEN SHAWARMA** 16.9

Marinated in shawarma spice blend

**MIXED GRILL MEZZE** 25.9

2 marinated lamb cutlets, chicken shawarma, turkish chorizo sausage, spicy chicken

**SPICY CHICKEN STEAK** 16.9

Marinated in our hot chilli sauce

Add Extras: **GRILLED HALLOUMI** 3.5

### FISH

**SALMON FILLET** 17.9

Marinated salmon fillet, avocado salad, with either fries, tabbouleh or rice

**SEABASS FILLET** 18.9

Marinated seabass fillets, avocado salad, with either fries, tabbouleh or rice

**ROASTED COD** 17.9

Roasted cod fillet, mashed potatoes, garlic spinach, basil oil

### SIDES

**FRIES** 3.9 ✓

**SWEET POTATO FRIES** 4.9 ✓

**MASHED POTATOES** 3.5 🌱

**SUPERFOOD GREENS, LEMON OIL, OMEGA SEEDS** 4.9 ✓

**GARLIC SPINACH** 4.5 🌱

**GRILLED HALLOUMI** 3.5 🌱

**HALLOUMI FRIES, CHILLI MAYO** 4.5 🌱

**TABBOULEH** 3.5 ✓

**RICE** 3.5 🌱

**SLAW** 3.5 🌱

**MIXED SALAD** 3.5 ✓

### PASTA

**ARRABIATA** 11.9 ✓

Spicy tomato sauce, penne, garlic, herbs

**SPAGHETTI PESTO** 12.9 🌱

Spaghetti, seasonal vegetables, nut pesto

**SEAFOOD PENNE** 17.9

Penne, prawns, mussels, salmon, white wine cream sauce

**CARBONARA** 13.9

Cheesy carbonara sauce, spaghetti, crispy pancetta

**CHICKEN & WILD MUSHROOM** 14.9

Chicken, cream sauce, penne, wild mushrooms, baby spinach

**KING PRAWN** 16.9

King prawns, spaghetti, tomato sauce, chilli, garlic

### OPEN WARM KEBABS

With warm flatbread, harissa hummus, aubergine & tomato relish & pickled red cabbage

**SPICY CHICKEN** 14.9

With peanut dukkah & manuka honey

**GRILLED HALLOUMI** 13.5 🌱

With pomegranate & radish

### BURGERS & WRAPS

**BLACK ANGUS BACON BURGER** 13.5

Caramelised onion, streaky bacon, chilli mayo, slaw, toasted brioche bun, fries

**HALLOUMI & FALAFEL BURGER** 12.9 🌱

Grilled halloumi, falafel, harissa hummus, tabbouleh, toasted brioche bun, fries

**BUTTERMILK FRIED CHICKEN BURGER** 13.5

Fried tenders, cheddar cheese, chilli mayo, toasted brioche bun, slaw, fries

**CHICKEN SHAWARMA WRAP** 12.9

Marinated chicken breast, herbs & spices, roasted vegetables, melted cheese, fries

**GRILLED HALLOUMI WRAP** 11.9 🌱

Roasted vegetables, melted cheese, fries

**FALAFEL & HARISSA HUMMUS WRAP** 11.9 ✓

Deep fried falafel, harissa hummus, fries

Add Extras: **CRISPY BACON** 1.9 / **CHEDDAR CHEESE** 1.9 / **SMASHED AVOCADO** 1.9

### SALADS

**HALLOUMI & AVOCADO SALAD** 12.9 🌱

Halloumi & avocado, seasonal leaves, dressed with olive oil and pomegranate molasses

**MEDITERRANEAN GRILLED CHICKEN SALAD** 13.9

Romaine lettuce, feta, olives, avocado, cucumber, grilled chicken, house dressing

**KING PRAWN CAESAR SALAD** 15.9

Grilled king prawns, baby gem lettuce, shaved parmesan cheese, garlic sourdough croutons, Caesar dressing

## BRUNCH - 9AM TIL 5PM

### PLATES

**MEDITERRANEAN SUPERFOOD** 10.9 🌱

Two eggs, spinach, halloumi, tomatoes, avocado, Portobello mushrooms, sourdough toast

**VEGETARIAN** 9.9 🌱

Two eggs, Portobello mushrooms, vegetarian sausage, baked beans, hash browns, tomatoes, sourdough toast

**VEGAN PLATE** 9.9 ✓

Mushrooms, crispy hot falafel, spinach, tomatoes, avocado, sesame sauce, sourdough toast

**ALL AMERICAN** 11.9

Two homemade pancakes, soft scrambled eggs, streaky bacon, portobello mushrooms, tater tots, maple syrup

**THE ENGLISH** 10.9

Two eggs, two bacon, one Cumberland sausage, hash brown, mushrooms, tomatoes, baked beans, sourdough toast

### EGGS

**EGGS ROYALE** 10.9

Oak smoked salmon with two poached eggs and hollandaise sauce on sourdough toast

**AVOCADO BENEDICT** 10.9 🌱

With cherry tomatoes & poached eggs on sourdough toast

**EGGS BENEDICT** 9.9

Honey roast ham with two poached eggs with hollandaise sauce on toasted sourdough bread

**HAM & CHEESE OMELETTE** 9.9

Honey roast ham & grated cheddar with wild rocket salad and roast plum tomato

### FRENCH TOAST

10.9

**SMASHED AVO** 🌱

Egg, hollandaise, chilli, lime

**SHAKSHUKA & FETA** 🌱

Tomato sauce, feta, poached egg

**RED VELVET** 🌱

Mascarpone cream, berries, honey, pistachios

**NUTELLA & POPCORN** 🌱

Brownie, Nutella sauce, popcorn

### HOMEMADE PANCAKES

9.9

**NEW YORKER** streaky bacon & fried eggs

**BUTTERMILK CHICKEN** fried chicken, maple syrup

**MARS BAR** Mars bar pieces & vanilla ice cream 🌱

**BANOFFEE** bananas, caramel sauce, whipped cream 🌱

## DRINKS MENU OVERLEAF