

# BREAKFAST MENU

## UNTIL 11AM

### JUICES & SMOOTHIES

**CHOICE OF FRUIT JUICES** 3.25

**FRESHLY SQUEEZED JUICES** 5.5

Orange, grapefruit, apple

**GREEN MIX** 5.5

Cucumber, apple, mint & celery

**VITAMIN** 5.5

Orange, apple & carrot

**MIXED BERRY SMOOTHIE** 5.5

Strawberry, raspberry, blueberry, banana, coconut milk and lime

**DETOX-ZING** 5.5

Banana, berries, carrot, courgette, ginger

**PASH 'N' SHOOT** 5.5

Mango, pineapple, passion fruit, orange

**STRAWBERRY SPLIT** 5.5

Strawberries, bananas, orange

**KALE KICK** 5.5

Mango, spinach leaves, kale, apple

**PROTEIN SHAKE** 5.5

Dates, peanut butter, banana, plant based protein powder, almond milk

**CHOICE OF MILKSHAKES** 5.50

### SOFT DRINKS

**COKE, DIET COKE, FANTA, SPRITE** 3.25

**STILL OR SPARKLING WATER**

2.3 Small 4.3 Large

### COFFEE

**AMERICANO, CAPPUCINO, FLAT WHITE, LATTE** 3.2

**ICED COFFEE** 4.1

**LIQUEUR COFFEES** 7.9

**ESPRESSO / DOUBLE** 2.4/2.9

**MACCHIATO / DOUBLE** 2.9/3.2

**HOT CHOCOLATE** 3.9

### TEA

**POT OF TEA - FOR ONE 2.2 FOR TWO 3.2**

**EARL GREY, CAMOMILE, PEPPERMINT, GREEN** 2.5

**FRESH MINT** 2.7

**CHAI LATTE** 3.2

**ICED TEA** 3.2

**LEMONGRASS & GINGER** 2.5

### SIGNATURE FRENCH TOAST 10.9

**SMASHED AVO** egg, hollandaise, chilli, lime

**SHAKSHUKA & FETA** rich tomato sauce, feta, poached egg

**RED VELVET** mascarpone cream, berries, honey, pistachios

**NUTELLA & POPCORN** brownie, Nutella sauce, popcorn

### HOMEMADE PANCAKES 9.9

**NEW YORKER** streaky bacon & fried eggs

**BUTTERMILK CHICKEN** fried buttermilk chicken, maple syrup

**MARS BAR** Mars bar pieces & vanilla ice cream

**BANOFFEE** bananas, caramel sauce, whipped cream

### PLATES

**THE ENGLISH** 10.9

Two eggs, two bacon, one Cumberland sausage, hash brown, mushrooms, tomatoes, baked beans, sourdough toast

**MEDITERRANEAN SUPERFOOD** 10.9

Two eggs, spinach, halloumi, tomatoes, avocado, Portobello mushrooms, sourdough toast

**VEGETARIAN** 9.9

Two eggs, Portobello mushrooms, vegetarian sausage, baked beans, hash browns, tomatoes, sourdough toast

**SMALL ENGLISH** 7.9

One egg, two bacon, one Cumberland sausage, baked beans, sourdough toast

**VEGAN PLATE** 9.9

Mushrooms, crispy hot falafel, spinach, tomatoes, avocado, sesame sauce, sourdough toast

**ALL AMERICAN** 11.9

Two homemade pancakes, soft scrambled eggs, streaky bacon, portobello mushrooms, tater tots, maple syrup

### PASTRIES, CAKE & TOAST

**PASTRIES** 1.9

Choice of pastries with butter and preserves

**CAKE SELECTION** 4.5

Ask for daily choices

**TOAST & PRESERVES** 2.2

Choice of white, granary or sourdough

### EGGS

**EGGS ROYALE** 10.9

Oak smoked salmon with two poached eggs and hollandaise sauce on sourdough toast

**AVOCADO BENEDICT** 10.9

Avocado and fresh spinach with two poached eggs and hollandaise sauce on sourdough toast

**EGGS BENEDICT** 9.9

Honey roast ham with two poached eggs with hollandaise sauce on toasted sourdough bread

**HAM & CHEESE OMELETTE** 9.9

Honey roast ham & grated cheddar with wild rocket salad and roast plum tomato

### LIGHTER BREAKFAST

**ORGANIC OAT & NUT GRANOLA** 6.9

With coconut yogurt, maple syrup & seasonal fresh fruit

**PORRIDGE** 4.9

With fresh fruit, maple syrup & cinnamon - alternative milks available

**SMASHED AVOCADO & CHIA SEEDS** 9.9

With cherry tomatoes & poached eggs on sourdough toast

**SMOKED SALMON CRUMPET** 9.9

Toasted crumpet with cream cheese, smoked salmon & herbs

**SOURDOUGH TOASTIE** 6.9

Ham & cheese, chicken & avocado or halloumi & mushroom

**TWO HEN'S EGGS** 4.5

Scrambled, poached or fried on sourdough toast