

ALL DAY MENU - 11AM TO CLOSE

NIBBLES & DIPS

MARINATED OLIVES 3.9 ✓

TOASTED GARLIC PITA BREAD 3.9 🌱

TZATZIKI 4.9 🌱

SAKSUKA 4.9 ✓

HARISSA HUMMUS 5.9 ✓

STARTERS

TRIO OF DIPS 7.9 🌱

Harissa hummus, saksuka, tzatziki, toasted flatbread

BEEF SUJUK 8.5

Spicy beef sausage with garlic, red pepper flakes, tomatoes, mushrooms & peppers

WHITEBAIT 8.9

Fried in seasoned flour, tabbouleh & tartare sauce

CRISPY CALAMARI 9.9

Calamari with red chilli & lime aioli

GARLIC PRAWNS 12.9

Sauteed prawns, mild spices, garlic butter, toasted flatbread

PRAWN & AVOCADO 10.9

Baby prawns, crushed avocado, Marie Rose sauce

BUFFALO MOZZARELLA & TOMATO SALAD 9.9 🌱

Wild rocket, avocado & basil oil

WILD MUSHROOM PATE 7.9 ✓

With toasted flatbread

SPINACH & FETA FILO PARCELS 7.9 🌱

Deep fried parcels with harissa hummus

BUTTERMILK FRIED CHICKEN 8.9

Marinated & floured fried chicken tenders, burnt lime, garlic sauce

STEAMED MUSSELS 12.9

Steamed mussels, creamy white wine, garlic and herb sauce, toasted pita bread

GRILLED HALLOUMI 8.9 🌱

Grilled peppers, courgettes, spicy tomato sauce

SHARING PLATES

Ideal for two

HOT & COLD SHARING MEZZE 19

Harissa hummus, halloumi, beef sujuk, crispy calamari, tzatziki, flatbread

MEDITERRANEAN 19

Sujuk, falafel, halloumi, harissa hummus, tzatziki, flatbread

HALLOUMI & HUMMUS PLATE 17 🌱

Halloumi, smashed avocado, harissa hummus, tzatziki, flatbread

VEGAN MEZZE 17 ✓

Harissa hummus, falafel, smashed avocado, tabbouleh, flatbread

MEAT

SPICY CHICKEN STEAK 15.9

Marinated in our hot chilli sauce, avocado salad, with either fries, tabbouleh or rice

ZESTY CHICKEN STEAK 15.9

Lemon/lime marinated chicken steak, avocado salad, with either fries, tabbouleh or rice

MARINATED GRILLED LAMB CUTLETS 22.9

3 cutlets marinated in Mediterranean spice blend with tzatziki & fries, peppercorn sauce

MARINATED LAMB STEAK (8oz) 19.9

Marinated in Jams' secret ingredients, fries

STEAK DUO 24.9

Combination of lamb steak and chicken steak, peppercorn sauce, fries

MEZZE

With harissa hummus, pickled red cabbage, chopped salad, slaw, tabbouleh, warm flatbread, homemade garlic sauce

CHICKEN SHAWARMA 16.9

Marinated in shawarma spice blend

LAMB SHAWARMA 18.9

Marinated in shawarma spice blend

MIXED GRILL MEZZE 27.9

2 marinated lamb cutlets, chicken shawarma, turkish chorizo sausage, spicy chicken

SPICY CHICKEN STEAK 16.9

Marinated in our hot chilli sauce

Add Extras: **GRILLED HALLOUMI** 3.5

FISH

SALMON FILLET 18.9

Marinated salmon fillet, avocado salad, with either fries, tabbouleh or rice

SEABASS FILLET 18.9

Marinated seabass fillets, avocado salad, with either fries, tabbouleh or rice

KING PRAWNS 21.9

Five marinated king prawns, homemade chilli sauce, mashed potatoes, garlic spinach

SIDES

FRIES 4.5 ✓

SWEET POTATO FRIES 4.9 ✓

MASHED POTATOES 3.5 🌱

SUPERFOOD GREENS, LEMON OIL, OMEGA SEEDS 4.9 ✓

GARLIC SPINACH 4.5 🌱

GRILLED HALLOUMI 3.5 🌱

HALLOUMI FRIES, CHILLI

MAYO 4.5 🌱

TABBOULEH 3.5 ✓

RICE 3.5 🌱

SLAW 3.5 🌱

MIXED SALAD 3.5 ✓

PASTA

ARRABIATA 13.9 ✓

Spicy tomato sauce, penne, garlic, herbs

SPAGHETTI PESTO 13.9 🌱

Spaghetti, seasonal vegetables, nut pesto

SEAFOOD PENNE 18.9

Penne, prawns, mussels, salmon, white wine cream sauce

CARBONARA 15.9

Cheesy carbonara sauce, spaghetti, crispy pancetta

CHICKEN & WILD MUSHROOM 16.9

Chicken, cream sauce, penne, wild mushrooms, baby spinach

KING PRAWN 18.9

King prawns, spaghetti, tomato sauce, chilli, garlic

OPEN WARM KEBABS

With warm flatbread, harissa hummus, aubergine & tomato relish & pickled red cabbage

SPICY CHICKEN 14.9

With peanut dukkah & manuka honey

GRILLED HALLOUMI 13.5 🌱

With pomegranate & radish

BURGERS & WRAPS

BLACK ANGUS BACON CHEESEBURGER 14.9

8oz prime burger, caramelised onions, streaky bacon, cheddar, chilli mayo, slaw, toasted brioche bun, fries

HALLOUMI & FALAFEL BURGER 13.9 🌱

Grilled halloumi, falafel, harissa hummus, tabbouleh, toasted brioche bun, fries

BUTTERMILK FRIED CHICKEN BURGER 14.9

Fried tenders, cheddar cheese, chilli mayo, toasted brioche bun, slaw, fries

CHICKEN SHAWARMA WRAP 14.9

Marinated chicken breast, herbs & spices, roasted vegetables, melted cheese, fries

LAMB SHAWARMA WRAP 15.9

Marinated lamb steak, herbs & spices, roasted vegetables, melted cheese, fries

GRILLED HALLOUMI WRAP 12.9 🌱

Roasted vegetables, melted cheese, fries

FALAFEL & HARISSA HUMMUS WRAP 12.9 ✓

Deep fried falafel, harissa hummus, fries

SALADS

HALLOUMI & AVOCADO SALAD 13.9 🌱

Halloumi & avocado, seasonal leaves, dressed with olive oil and pomegranate molasses

MEDITERRANEAN GRILLED CHICKEN SALAD 14.9

Romaine lettuce, feta, olives, avocado, cucumber, grilled chicken, house dressing

KING PRAWN CAESAR SALAD 16.9

Grilled king prawns, baby gem lettuce, shaved parmesan cheese, garlic sourdough croutons, Caesar dressing

BRUNCH UNTIL 4PM MIDWEEK / 5PM WEEKENDS

PLATES

MEDITERRANEAN SUPERFOOD 11.9 🌱

Two eggs, spinach, halloumi, tomatoes, avocado, Portobello mushrooms, sourdough toast

VEGETARIAN 10.9 🌱

Two eggs, Portobello mushrooms, vegetarian sausage, baked beans, hash browns, tomatoes, sourdough toast

ALL AMERICAN 12.9

Two homemade pancakes, soft scrambled eggs, streaky bacon, Portobello mushrooms, tater tots, maple syrup

THE ENGLISH 11.9

Two eggs, two bacon, one Cumberland sausage, hash brown, mushrooms, tomatoes, baked beans, sourdough toast

EGGS

EGGS ROYALE 11.9

Oak smoked salmon with two poached eggs and hollandaise sauce on sourdough muffins

AVOCADO BENEDICT 11.9 🌱

With cherry tomatoes & poached eggs on sourdough muffins

EGGS BENEDICT 10.9

Honey roast ham with two poached eggs with hollandaise sauce on sourdough muffins

HAM & CHEESE OMELETTE 10.9

Honey roast ham & grated cheddar with wild rocket salad and roast plum tomato

MEDITERRANEAN OMELETTE 10.9 🌱

Feta cheese & baby spinach with wild rocket salad and roast plum tomato

FRENCH TOAST 11.9

SMASHED AVO 🌱

Egg, hollandaise, chilli, lime

SHAKSHUKA & FETA 🌱

Tomato sauce, feta, poached egg

RED VELVET 🌱

Mascarpone cream, berries, honey, pistachios

NUTELLA & POPCORN 🌱

Brownie, Nutella sauce, popcorn

HOMEMADE PANCAKES 10.9

NEW YORKER streaky bacon & fried eggs

BUTTERMILK CHICKEN fried chicken, maple syrup

MARS BAR Mars bar pieces & vanilla ice cream 🌱

BANOFFEE bananas, caramel sauce, whipped cream 🌱

DRINKS MENU OVERLEAF