

# BREAKFAST MENU

## UNTIL 11AM

### JUICES & SMOOTHIES

- CHOICE OF FRUIT JUICES** 3.7
- FRESHLY SQUEEZED JUICES** 5.9  
Orange, grapefruit, apple
- GREEN MIX** 5.9  
Cucumber, apple, mint & celery
- VITAMIN** 5.9  
Orange, apple & carrot
- MIXED BERRY SMOOTHIE** 5.9  
Strawberry, raspberry, blueberry, banana, coconut milk and lime
- DETOX-ZING** 5.9  
Banana, berries, carrot, courgette, ginger
- PASH 'N' SHOOT** 5.9  
Mango, pineapple, passion fruit, orange
- STRAWBERRY SPLIT** 5.9  
Strawberries, bananas, orange
- KALE KICK** 5.9  
Mango, spinach leaves, kale, apple
- PROTEIN SHAKE** 5.9  
Dates, peanut butter, banana, plant based protein powder, almond milk
- CHOICE OF MILKSHAKES** 5.9

### SOFT DRINKS

- COKE, DIET COKE, FANTA, SPRITE** 3.6
- STILL OR SPARKLING WATER**  
2.9 Small 4.9 Large

### COFFEE

- AMERICANO, CAPPUCINO, FLAT WHITE, MOCHA, LATTE** 3.5
- ICED COFFEE** 4.5
- LIQUEUR COFFEES** 7.9
- ESPRESSO / DOUBLE** 2.4/2.9
- MACCHIATO / DOUBLE** 2.9/3.2
- HOT CHOCOLATE** 3.9

### TEA

- POT OF TEA - FOR ONE** 2.7
- FOR TWO** 3.7
- EARL GREY, CAMOMILE, PEPPERMINT, GREEN** 3.2
- FRESH MINT** 3.2
- CHAI LATTE** 3.2
- ICED TEA** 3.5
- LEMONGRASS & GINGER** 3.2

### SIGNATURE FRENCH TOAST 11.9

- SMASHED AVO** egg, hollandaise, chilli, lime 🌱
- RED VELVET** mascarpone cream, berries, honey, pistachios 🌱
- SHAKSHUKA & FETA** rich tomato sauce, feta, poached egg 🌱
- NUTELLA & POPCORN** brownie, Nutella sauce, popcorn 🌱

### HOMEMADE PANCAKES 10.9

- NEW YORKER** streaky bacon & fried eggs 🌱
- MARS BAR** Mars bar pieces & vanilla ice cream 🌱
- BUTTERMILK CHICKEN** fried buttermilk chicken, maple syrup 🌱
- BANOFFEE** bananas, caramel sauce, whipped cream 🌱

### PLATES

- THE ENGLISH** 11.9  
Two eggs, two bacon, one Cumberland sausage, hash brown, mushrooms, tomatoes, baked beans, sourdough toast
- MEDITERRANEAN SUPERFOOD** 11.9 🌱  
Two eggs, spinach, halloumi, tomatoes, avocado, Portobello mushrooms, sourdough toast
- VEGETARIAN** 10.9 🌱  
Two eggs, Portobello mushrooms, vegetarian sausage, baked beans, hash browns, tomatoes, sourdough toast
- SMALL ENGLISH** 8.9  
One egg, two bacon, one Cumberland sausage, baked beans, sourdough toast
- VEGAN PLATE** 9.9 ✓  
Mushrooms, crispy hot falafel, spinach, tomatoes, avocado, sesame sauce, sourdough toast

### ALL AMERICAN 12.9

Two homemade pancakes, soft scrambled eggs, streaky bacon, portobello mushrooms, tater tots, maple syrup

### PASTRIES, CAKE & TOAST

- PASTRIES** 1.9 🌱  
Choice of pastries with butter and preserves
- CAKE SELECTION** 4.5 🌱  
Ask for daily choices
- TOAST & PRESERVES** 2.2 🌱  
Choice of white, granary or sourdough

### EGGS

- EGGS ROYALE** 11.9  
Oak smoked salmon with two poached eggs and hollandaise sauce on sourdough muffins
- AVOCADO BENEDICT** 11.9 🌱  
Avocado and fresh spinach with two poached eggs and hollandaise sauce on sourdough muffins
- EGGS BENEDICT** 10.9  
Honey roast ham with two poached eggs with hollandaise sauce on sourdough muffins
- KING PRAWN BENEDICT** 12.9  
Two king prawns and two poached eggs with hollandaise sauce on sourdough muffins
- HAM & CHEESE OMELETTE** 10.9  
Honey roast ham & grated cheddar with wild rocket salad and roast plum tomato
- MEDITERRANEAN OMELETTE** 10.9 🌱  
Feta cheese & baby spinach with wild rocket salad and roast plum tomato

### LIGHTER BREAKFAST

- ORGANIC OAT & NUT GRANOLA** 6.9 ✓  
With coconut yogurt, maple syrup & seasonal fresh fruit (add milk - available upon request)
- PORRIDGE** 4.9 🌱 ✓  
With fresh fruit, maple syrup & cinnamon - alternative milks available
- SMASHED AVOCADO & CHIA SEEDS** 10.9 ✓  
With cherry tomatoes & poached eggs on sourdough toast
- SOURDOUGH TOASTIES** 8.9  
Ham & cheese, chicken & avocado or halloumi & mushroom
- TWO HEN'S EGGS** 4.9 🌱  
Scrambled, poached or fried on sourdough muffins