

## BREAKFAST PLATES

### THE ENGLISH 13.9

Two eggs, two bacon, one Cumberland sausage, hash brown, mushrooms, tomatoes, baked beans, sourdough toast

### MEDITERRANEAN SUPERFOOD 13.9

Two eggs, spinach, halloumi, tomatoes, avocado, Portobello mushrooms, sourdough toast

### THE GARDEN PLATE 12.9

Two eggs, Portobello mushrooms, vegetarian sausage, baked beans, hash browns, tomatoes, sourdough toast

### THE PLANT PLATE 12.9

Mushrooms, crispy hot falafel, spinach, tomatoes, avocado, sesame sauce, baked beans, sourdough toast

### ALL AMERICAN 13.9

Two homemade pancakes, soft scrambled eggs, streaky bacon, portobello mushrooms, tater tots, maple syrup

## LIGHTER PLATES

### ORGANIC OAT & NUT GRANOLA 9.9

With coconut yogurt, maple syrup & seasonal fresh fruit (add milk - available upon request)

### SOURDOUGH TOASTIES 10.9

Ham & cheese, chicken & avocado or halloumi & mushroom

### TWO EGGS ON SOURDOUGH TOAST 7.9

Poached, fried or scrambled

### SMOKED SALMON CROISSANT 12.9

Toasted butter croissant with oak smoked salmon, avocado, poached egg, shaved parmesan & micro herbs

### PROSCIUTTO CROISSANT 12.9

Toasted butter croissant, baby watercress, scrambled eggs, crispy prosciutto, melted cheese, herbs

## SIGNATURE FRENCH TOAST

### SMASHED AVOCADO 13.5

Poached egg, hollandaise, chilli, lime

### SHAKSHUKA & FETA 13.5

Rich tomato sauce, feta, poached egg

### HOT HONEY PISTACHIO 13.5

White chocolate sauce, pistachio sauce, strawberries, blueberries, mascarpone, hot drizzled spicy honey, crushed pistachios

### BANOFFEE 13.5

Bananas, caramel sauce, chocolate sauce, strawberries, whipped cream

## BRUNCH

### SMASHED AVOCADO & CHIA SEEDS 12.9

With cherry tomatoes & two poached eggs on toasted sourdough bread

### EGGS ROYALE 13.9

Oak smoked salmon with two poached eggs and hollandaise sauce on sourdough muffins

### EGGS BENEDICT 12.9

Honey roast ham with two poached eggs with hollandaise sauce on sourdough muffins

### HARISSA SPINACH EGGS 13.5

Smashed avocado, spinach, two poached eggs, toasted sourdough bread, black beans, spiced cherry tomatoes, harissa hollandaise

### HAM & CHEESE OMELETTE 13.5

Honey roast ham & grated cheddar with wild rocket salad and roast plum tomato

### MEDITERRANEAN OMELETTE 13.5

Feta cheese & baby spinach with wild rocket salad and roast plum tomato

### TROPICAL AÇAI BOWL 12.9

Açaí berries purée, sliced banana, mango, pineapple, shredded unsweetened coconut, roasted almonds, peanut butter, granola

## CIABATTAS

Served lightly toasted with salted crisps and seasonal salad

### PROSCIUTTO & MOZZARELLA 12.5

Tomato, basil nut pesto, coz salad

### PULLED HAM & SWISS CHEESE 12.5

Dijon mustard, mayo, pickled cucumbers

### HARISSA CHICKEN & AVOCADO 12.5

Harissa spicy chicken, plum tomato, spinach, grilled seasonal vegetables

### NEW YORK ROAST BEEF SANDWICH 12.5

Sliced roast beef, Cheddar cheese, melted onions

## HOMEMADE PANCAKES

Our pancakes are made in house daily using our own secret recipe to create a unique Jams style thick and fluffy pancake.

### NEW YORKER 13.5

Streaky bacon, fried eggs, maple syrup

### BUTTERMILK CHICKEN 13.5

Fried buttermilk chicken, maple syrup

### BANOFFEE 13.5

Bananas, caramel sauce, chocolate sauce, strawberries, whipped cream

### MARS BAR 13.5

Mars bar sauce & pieces, vanilla ice cream

## LUNCH

### SPICY CHICKEN STEAK 16.9

Marinated in our hot chilli sauce, avocado salad, with either fries, tabbouleh or rice

### ZESTY CHICKEN STEAK 16.9

Lemon/lime marinated chicken steak, avocado salad, either fries, tabbouleh or rice

### CARBONARA PASTA 16.9

Cheesy carbonara sauce, spaghetti, crispy pancetta

### CHICKEN & WILD MUSHROOM PASTA

17.9

Chicken, cream sauce, spaghetti, wild mushrooms, baby spinach

### KING PRAWN PASTA 19.9

King prawns, spaghetti, tomato sauce, chilli, garlic

### HALLOUMI & FALAFEL BURGER 14.9

Grilled halloumi, falafel, harissa hummus, tabbouleh, toasted brioche bun, fries

### BUTTERMILK FRIED CHICKEN BURGER 15.9

Fried tenders, cheddar cheese, chilli mayo, toasted brioche bun, slaw, fries

### CHICKEN SHAWARMA WRAP 15.9

Marinated chicken breast, herbs & spices, roasted vegetables, melted cheese, fries

### GRILLED HALLOUMI WRAP 13.9

Roasted vegetables, melted cheese, fries

### HALLOUMI & AVOCADO SALAD 15.9

Halloumi & avocado, seasonal leaves, dressed with olive oil and pomegranate molasses

### MEDITERRANEAN GRILLED CHICKEN

SALAD 16.9

Romaine lettuce, feta, olives, avocado, cucumber, grilled chicken, house dressing

## SIDES

### FRIES 4.5

### SWEET POTATO FRIES 4.9

### MIXED SALAD 3.5

## PASTRIES

### BUTTER CROISSANT 2.9

### CHOCOLATE CROISSANT 3.9

### ALMOND CROISSANT 3.9

### PISTACHIO CROISSANT 3.9

## CAKE

### CHOCOLATE CAKE 5.9

### RED VELVET CAKE 5.9

## DRINKS MENU OVERLEAF