

BREAKFAST PLATES

THE ENGLISH 13.9
Two eggs, two bacon, one Cumberland sausage, hash brown, mushrooms, tomatoes, baked beans, sourdough toast

MEDITERRANEAN SUPERFOOD 13.9
Two eggs, spinach, halloumi, tomatoes, avocado, Portobello mushrooms, sourdough toast

THE GARDEN PLATE 12.9
Two eggs, Portobello mushrooms, vegetarian sausage, baked beans, hash browns, tomatoes, sourdough toast

THE PLANT PLATE 12.9
Mushrooms, crispy hot falafel, spinach, tomatoes, avocado, sesame sauce, baked beans, sourdough toast

ALL AMERICAN 13.9
Two homemade pancakes, soft scrambled eggs, streaky bacon, portobello mushrooms, tater tots, maple syrup

LIGHTER PLATES

ORGANIC OAT & NUT GRANOLA 9.9
With coconut yogurt, maple syrup & seasonal fresh fruit (add milk - available upon request)

SOURDOUGH TOASTIES 10.9
Ham & cheese, chicken & avocado or halloumi & mushroom

TWO EGGS ON SOURDOUGH TOAST 7.9
Poached, fried or scrambled

SMOKED SALMON CROISSANT 12.9
Toasted butter croissant with oak smoked salmon, avocado, poached egg, shaved parmesan & micro herbs

PROSCIUTTO CROISSANT 12.9
Toasted butter croissant, baby watercress, scrambled eggs, crispy prosciutto, melted cheese, herbs

SIGNATURE FRENCH TOAST

SMASHED AVOCADO 13.5
Poached egg, hollandaise, chilli, lime

SHAKSHUKA & FETA 13.5
Rich tomato sauce, feta, poached egg

HOT HONEY PISTACHIO 13.5
White chocolate sauce, pistachio sauce, strawberries, blueberries, mascarpone, hot drizzled spicy honey, crushed pistachios

BANOFFEE 13.5
Bananas, caramel sauce, chocolate sauce, strawberries, whipped cream

BRUNCH

SMASHED AVOCADO & CHIA SEEDS 12.9
With cherry tomatoes & two poached eggs on toasted sourdough bread

EGGS ROYALE 13.9
Oak smoked salmon with two poached eggs and hollandaise sauce on sourdough muffins

EGGS BENEDICT 12.9
Honey roast ham with two poached eggs with hollandaise sauce on sourdough muffins

HARISSA SPINACH EGGS 13.5
Smashed avocado, spinach, two poached eggs, toasted sourdough bread, black beans, spiced cherry tomatoes, harissa hollandaise

HAM & CHEESE OMELETTE 13.5
Honey roast ham & grated cheddar with wild rocket salad and roast plum tomato

MEDITERRANEAN OMELETTE 13.5
Feta cheese & baby spinach with wild rocket salad and roast plum tomato

TROPICAL AÇAÍ BOWL 12.9
Açaí berries purée, sliced banana, mango, pineapple, shredded unsweetened coconut, roasted almonds, peanut butter, granola

CIABATTAS

Served lightly toasted with salted crisps and seasonal salad

PROSCIUTTO & MOZZARELLA 12.5
Tomato, basil nut pesto, coz salad

PULLED HAM & SWISS CHEESE 12.5
Dijon mustard, mayo, pickled cucumbers

HARISSA CHICKEN & AVOCADO 12.5
Harissa spicy chicken, plum tomato, spinach, grilled seasonal vegetables

NEW YORK ROAST BEEF SANDWICH 12.5
Sliced roast beef, Cheddar cheese, melted onions

HOMEMADE PANCAKES

Our pancakes are made in house daily using our own secret recipe to create a unique Jams style thick and fluffy pancake.

NEW YORKER 13.5
Streaky bacon, fried eggs, maple syrup

BUTTERMILK CHICKEN 13.5
Fried buttermilk chicken, maple syrup

BANOFFEE 13.5
Bananas, caramel sauce, chocolate sauce, strawberries, whipped cream

MARS BAR 13.5
Mars bar sauce & pieces, vanilla ice cream

LUNCH

SPICY CHICKEN STEAK 16.9
Marinated in our hot chilli sauce, avocado salad, with either fries, tabbouleh or rice

ZESTY CHICKEN STEAK 16.9
Lemon/lime marinated chicken steak, avocado salad, either fries, tabbouleh or rice

CARBONARA PASTA 16.9
Cheesy carbonara sauce, spaghetti, crispy pancetta

CHICKEN & WILD MUSHROOM PASTA 17.9
Chicken, cream sauce, spaghetti, wild mushrooms, baby spinach

KING PRAWN PASTA 19.9
King prawns, spaghetti, tomato sauce, chilli, garlic

HALLOUMI & FALAFEL BURGER 14.9
Grilled halloumi, falafel, harissa hummus, tabbouleh, toasted brioche bun, fries

BUTTERMILK FRIED CHICKEN BURGER 15.9
Fried tenders, cheddar cheese, chilli mayo, toasted brioche bun, slaw, fries

CHICKEN SHAWARMA WRAP 15.9
Marinated chicken breast, herbs & spices, roasted vegetables, melted cheese, fries

GRILLED HALLOUMI WRAP 13.9
Roasted vegetables, melted cheese, fries

HALLOUMI & AVOCADO SALAD 15.9
Halloumi & avocado, seasonal leaves, dressed with olive oil and pomegranate molasses

MEDITERRANEAN GRILLED CHICKEN SALAD 16.9
Romaine lettuce, feta, olives, avocado, cucumber, grilled chicken, house dressing

SIDES

FRIES 4.5

SWEET POTATO FRIES 4.9

MIXED SALAD 3.5

PASTRIES

BUTTER CROISSANT 2.9

CHOCOLATE CROISSANT 3.9

ALMOND CROISSANT 3.9

PISTACHIO CROISSANT 3.9

CAKE

CHOCOLATE CAKE 5.9

RED VELVET CAKE 5.9

DRINKS MENU OVERLEAF